

NEWS

By the Numbers: Mental health diagnoses, melatonin-tied polypharmacy, journal gender gap

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In this issue of *Spectrum's* data-centric newsletter: Rates of mental health diagnoses have jumped over the past 50 years, and psychotropic drug prescriptions are more common for autistic children taking melatonin. Also, a *Spectrum* analysis scrutinizes the gender gap in academic publishing. Let us know what you think about this newsletter at news@spectrumnews.org. Thanks for reading.

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