

FEATURES

Inside Scoop From the Autism Anchors: Sleep on the spectrum

BY SPECTRUM

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Our autism anchors, **Raphael Bernier** and **James Mancini**, report the latest findings on sleep and autism. They describe the causes and consequences of sleep disruptions in autism — and what to do about them.

From science to the community and back again, you can count on getting the inside scoop in digestible quantities with a smile from the autism anchors.